My Pirate Patch

Written by:
Anisha Pande, Katje Windel, Caroline Kucha
Dr. Jennifer Reilly, OD, MS, FAAO
Dr. Amy Moy, OD, FAAO
Dr. Jacky Kong, OD, FAAO
Dr. Linda Pham, OD, FAAO
Dr. Rebecca Morrin, OD
My eye doctor says I can be a pirate now!
She says I have amblyopia.
Amblyopia means one eye is less strong than the other.
I wear my glasses and an eye patch to see better.
I wear my glasses all the time.
I wear my patch for playing with toys or watching TV.
One day, I will not wear a patch because my eyes will be strong.
But I can always be a pirate!
Parent Tips - Try it yourself!

| 1. Find fun patches that your child will like! They make colorful patches with fun patterns. |
| 2. Start slow and build up patching time day by day (we increased by 15-30 minutes each day) |
| 3. Introduce the patch during fun activities: snack time, play time or favorite movies/shows. |
| 4. Reward system! Our model, Anya, got a special treat when she did well with her patch. |
| 5. If the patch glue is too sticky, try sticking and unsticking the patch on a shirt or sweater to lessen its adhesive impact. |
| 6. Help them feel less alone: family and friends can wear the eye patch too! Join in the fun! |
| 7. Showing pictures of other children wearing patches could also help them not feel singled out! |

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